

C/o Gladstone Park Community Centre  
13 South Circular Road  
Gladstone Park 3043  
Postal Address  
PO Box 2057  
Gladstone Park 3043

**Website:** [www.humeu3a.org.au](http://www.humeu3a.org.au)  
**Email:** [secretary@humeu3a.org.au](mailto:secretary@humeu3a.org.au)  
ARN: A0032685W  
Tel: (03) 9330 3239



Dear Members

This is the first time I have been involved in community work and I thank you for welcoming me into your community.

You have demonstrated to me that you are putting into practise the three elements of a good learning environment: It is safe, supportive and inclusive. It would be great if we could make this explicit in all our courses and stress that all that we do is about promoting our wellbeing.

I participated in one of our courses and I was delighted to hear the feedback: “We LOVE the course”; “it is the best day of the week for me”; “the course doesn’t end at the end, we sit and have a nibble and coffee together... that is a very special part of the course”; “we have FUN”. That course ticked all the ‘wellbeing boxes’ and it was not just the one course where I got that feedback!

I have started identifying and applying for funding for various projects next year. We want to have a ‘free bowl of vegetable soup with bread and butter’ for an early dinner followed by our regular singing practice. The Big Fields Fresh Market at the Gladstone Park Shopping Centre has already shown an interest in sponsoring that for all of 2025! I would love to hear from anyone willing and able to do the cooking of the soup.

Thank you for the way you have embraced the idea of being part of the **H**ume **U**niversity3A **G**roup of **S**ingers, who will be better known as **HUGS**! Peter and Jan are running the singing group as a course. It is listed on our website and if you want to feel the ‘wellbeing’, come along to the singing group! It is shared energy... it is fantastic! Remember, it is open to all members.

In the last Newsletter I said, my plan was to *apply for and get funding to find a good choir leader. One who believes that EVERYONE can sing!* Guess what, we have the best candidate from within our own ranks. Come to the next Cook-N-Dine for the announcement of our HUGS’ leader.

I hope you take every opportunity to sing out to everyone and spread the word about the good work WE are doing at U3A Hume. We want new members, new tutors and new courses as we collectively prepare for 2025.

I wish you and your loved ones a Merry Christmas and a Happy New Year.

*Richard*



**May you never be too grown up to search the skies on Christmas Eve.**

## **Membership Matters ..... 2025**

A reminder that memberships do not roll over but are on an annual basis from January to December.

Enrolments can be completed on line via our website from December 2<sup>nd</sup> 2024, or in paper format . Fees can be paid on line or in person at the office at the Community Centre.

Fees are now due and payable before classes resume in 2025.

Full membership is \$60

**\*\*\* The office will be open on Monday January 27<sup>th</sup> and Tuesday January 28<sup>th</sup> between 10.00am and 12noon for final payments prior to classes resuming.**

**Note: Classes resume on Monday February 3<sup>rd</sup> 2025.All class times for the start of the new year can also be found on our website.**

[www.humeu3a.org.au](http://www.humeu3a.org.au)

### **Are your Next of Kin details current?**

If they require updating contact Marilyn at: [membership@humeu3a.org.au](mailto:membership@humeu3a.org.au)

*Merry Christmas and Happy New year everyone. A big Thankyou Jenny, we love the newsletters. Love Margaret and members*



### **Hall upgrade**

The hall at the Gladstone Park Community Centre will shortly be going through an upgrade.

It is anticipated to be completed prior to classes returning in the new year.

Be aware there still may be some impact on parking for some classes in the new year.

### **Seeking Board Games !!!!**

A shout out to anyone among us who has Board Games packed away and would be happy to donate them to U3A Hume.

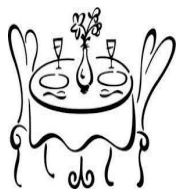
Bring them along to class in the new year and we will see that they are well looked after.

**Ed:**

*A merry Aussie Christmas dressup from Margaret.*

*Thanks for your efforts this year.*

*We would miss them if they stopped.*



## ***From Our Social Secretary:***

- When:** Friday February 28th 2025
- Where:** The Cross Keys Hotel  
350 Pascoe Vale Road, Essendon
- Time:** 6.00pm

For booking purposes text or call Pat Blundell with numbers attending.  
**mob: 0400 092 027**



## ***Summer Program***

To help us all get through the long Christmas break the Summer Program is an opportunity to catch up with others.

- When:** **Wednesday January 8th 2025**
- Where:** Velvet Bean  
Shop 1002 ( opposite Nandos and near the ramp to the  
Cinemas  
Airport West Shopping Centre)
- Time:** 12 noon for lunch

- When:** **Wednesday January 22<sup>nd</sup> 2025**
- Where:** Lotus Gardens, Yarra Junction.
- Note:** A departure time and car pooling will be organised.

To advise of your attendance to either of these activities call **Pat** on  
**mob: 0400 092 027**

## ***Sausage Sizzles 2025***



Bunnings have offered U3A five sausage sizzle dates for the coming year. These days are fantastic fund raisers for our U3A but they take a lot of planning and hard work. While we have a band of regular volunteers willing to give some time on Saturday or Sunday to support us and we would also welcome others to join us.

If you could spare just a few hours during our sessions it would be most welcome.

Please give it thought over the Summer break.

**Email Marilyn at [membership@humeu3a.org.au](mailto:membership@humeu3a.org.au) or text on 0409 622 238**

## Cook N Dine

Who doesn't love a BBQ? Pretty typical Aussie barbecue too with Neville, Les, Jack, Richard and Angelo ready to cook up a storm. Looks good already.



## Indoor Bowls

The annual Tri club indoor bowls competition between Hume U3A, Broadmeadows Seniors and Bridgewater Lake Retirement Village was held on Sunday 24th November 2024 at Bridgewater.

U3A is the defending champion. Competition was intense.

There was excitement and disappointment but games were played in good spirit. At the end of the day there was no outright winner - all 3 clubs scored 30 points . Final decision: 3-joint champions.

U3A was represented by:

Rod, Choi, Pauline, Lorraine, Gordon, Patricia, Nouen and Lin.

Everyone enjoyed a lovely lunch of roast pork (with cracklings and apple sauce), roast chicken and veggies. All thanks to the hard work of Seniors Vice-president John.

Merry Christmas & Happy Healthy New Year to you all.



## Vale

Boon Chan, a past member of U3A passed away on Monday November 11<sup>th</sup> following a fall. She worked as a nurse and joined U3A in 2005 and regularly attended Carpet Bowls, Tai Chi, Line Dancing and Cook 'n' Dine. We send our sincere condolences to family and friends.



## Cup Day for Huff n Puffers



## Winners are grinners in \$1 Melbourne Cup Sweep



**Congratulations.....**Sandra Dyer, Maureen Roberts, Barbara Barton, Lisa Arnold



**Congratulations .....**Susan Geddes, Faye Tamburro, Dina Lewis.  
Abs: Dawn Daws



## Volunteers

A volunteer donates time, skills or resources to help others. Our tutors and their 2IC's do that on a regular basis across the year. It's the right time of the year to thank them for their dedication and efforts over 2024.

U3A Hume members thankyou and wish you all a Merry Christmas and look forward to working with you all again next year.



Our thoughts and prayers go out to Ira Vale following the recent death of her husband John. He was a valued U3A member and active participant in Huff N Puff and Chair Aerobics. Sincere condolences to Ira, Family and friends

Doh a Deer  
Aussie Jingle  
Bells  
Sweet Caroline  
Home among  
the gum trees

### Singing Group ....

Our class numbers are increasing. We sing well known songs complete with words and music and enjoy coffee or tea and a chat after class.

Come join us in the new year.



Next edition  
February 2025



The gift of love. The gift of peace. The gift of happiness.  
May all these be yours at Christmas

The Committee of U3A Hume would like to thank Maria Vamvakinou and her staff for the printing of this newsletter.