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A word from the President:

I recognise the Wurundjeri Woi-wurrung people, and members of the Gunung-Willam-Balluk clan, as the Traditional Custodians of this land and recognise, celebrate and pay respect to Elders past, present and emerging.

Well we have come to the end of a very eventful year for Hume U3A. I as President, with the help and support of the very hard working members of the Committee have recognised and are attempting to rectify some of the issues which were raised in the Member Survey, which many members completed last month. I would like to thank everyone who completed and returned the survey forms. The Committee issued a Survey with the intent of obtaining information from the Members as to what direction they wanted the Hume U3A to proceed.

Before I continue, I would like to stress that as with any democratic organisation, you all have a say in how the Hume U3A is conducted. Decisions made are done so in the best interests of the overall membership but which at times may not please a minority of members. It is paramount to remember that you as members have authorised the Committee to conduct the running and organisation of the Hume U3A in the best way possible, for the majority of the membership and bearing in mind the committee is comprised of volunteers. As such respectful relationships and courtesy towards all committee members and tutors must be maintained at all times.

One issue raised was the fact that there was a lack of transparency or understanding of the rules of The Hume U3A. To address this issue the Committee has decided to:-

- a. Post "The Hume U3A Constitution" on the website.
- b. Post "The Hume U3A Model Rules and Regulations on the website.
- c. Post "The Definitions of Hume U3A Membership categories on the website.

Another issue which was raised and can be addressed very quickly is the want to learn how to operate an AED machine. I will be conducting courses at GPCC and Lynda Blundell in early August, free for anybody to attend, and should only take 20 minutes. Dates and times will be posted on the website.

I presume that by now most members will have heard that I will not be renominating for any Committee position. I have regretfully made this decision due, in part, to family and health issues.

For the above reasons, I have been unable to fully carry out my duties of attending Regional and Council meetings nor any public relations duties that are expected of the President of a progressive U3A and in fact any organisation.

I would like to take this opportunity thank the Committee and all of the Volunteers and Tutors for their assistance and help throughout my very short tenure as President of Hume U3A.

Wishing you all the very best of health going into the future.

Anton Godressi
President Hume U3A

Sausage Sizzle



Despite the inclement weather our June Sausage Sizzle still netted U3A Hume \$1000. Well done everyone and thank you for your support and hard work.

Hume U3A was offered an additional Sausage Sizzle opportunity which we were happy to accept.

A very special thank you to those who quickly responded to the request to volunteer on July 27th.

Working in the rain on the 12pm till 2pm shift were Trish, Deb, Dick and Mark

Our final sizzle for 2024 is ...***Sunday September 29th***

To Register your interest in volunteering :

email Marilyn at membership@humeu3a.org.au or text on 0409 622 238.

Thankyou

Marilyn Rohweder & Choi Foong

Our Special Effort Fundraiser for '24:

Following the success of our special effort fundraiser in 2023, which earned us more than \$700, we are preparing for this year's fundraiser.

- 1st prize :** \$100 Bunnings' Voucher
2nd prize: Wine cooler with two bottles of wine
3rd prize Family Picnic Set
Tickets: \$1



Tickets can be purchased from Marilyn Rohweder who will be visiting all classes from Monday 5th August

The winners of our Special Effort will be drawn at the AGM on 21st August 2024. Winners will be notified.

Marilyn Rohweder at membership@humeu3a.org.au or text on 0409 622 238.

Bastille Day

French chic becomes you Margaret.

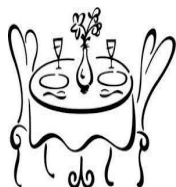
Bonjour mon amis



The **Storming of the Bastille** occurred in Paris, France, on 14 July 1789, when revolutionary insurgents attempted to storm and seize control of the medieval armoury, fortress and political prison known as the Bastille.

In France, 14 July is a national holiday called Fête Nationale Française which commemorates both the anniversary of the storming of the Bastille and the Fête de la Fédération which occurred on its first anniversary in 1790.

In English this holiday is commonly referred to as Bastille Day



From Our Social Secretary: Dine Out

When: Friday August 23rd
Where: Velvet Bean (opposite Nandos inside the centre)
Shop 1002
Airport West Shopping Centre
(near the ramp to the cinemas)
Time: 6.00pm

When: Friday September 27th
Where: Broadmeadows Sporting Club
111 Sunset Blvd, Jacana
Time: 6.00pm

When: Friday October 25th
Where: Taylors Lakes Hotel
7 Melton Hwy, Taylors lakes
Time: 6.00pm

For booking purposes you need to text or call Pat Blundell with numbers attending mob: 0400 092 027



Cook and Dine Christmas in July

Google has several origins of Christmas in July, however In Australia, Christmas in July is often attributed to a group of Irish tourists that travelled to Sydney's Blue Mountains in 1980. Delighted to see snow on their summer trip, they convinced a local hotel owner to hold a "Yulefest" party. Believe it or not!

USA's Cook and Dine group celebrated Christmas in July on Friday July 12th and completed their dinner with Peter Lazarus' "piece de resistance" Sticky Date Pudding.

Sticky Toffee Pudding Serves six.

Pudding

180gm dates, stoned and chopped
1 teaspoon bicarbonate soda
60g butter
2 eggs
1/2 teaspoon vanilla essence (optional)
150g brown sugar
180g self raising flour

Sauce

150g soft brown sugar
50g butter
3/4 cup cream
1/2 teaspoon vanilla essence (option:



Editor did request photos of the evening but was informed diners were too busy eating this yummy dessert that there were none taken.

To make Pudding

First grease an 18cm square loose bottomed cake tin. Pour 300ml water over the well chopped dates and bring to the boil. Remove pan from the heat. Add the bicarbonate of soda, stir and leave to stand.

Cream the butter and sugar, add the eggs a little at a time and beat well. Carefully fold in the flour, then stir in the dates with their liquid and the 1/2 teaspoon of vanilla essence.

Pour into the prepared cake tin and bake in the centre of a pre-heated oven at 180C for 30-40 minutes.

To make Sauce

Combine all the ingredients in a saucepan and heat very gently until the sugar has melted and all the crystals have dissolved.

Pour the sauce over the pudding and return it to the oven until the sauce becomes sticky golden brown. Or, alternatively, pour toffee sauce over each serving. Serve with fresh cream.

Photos from around our classes



Floral Art: Thankyou Maria and crew. Love your creations



Courtesy of **Camera Club:** Plenty Gorge. Natural Beauty VS Man made???



Rosa, Mila and Wendy deep in concentration at **Crochet club**.

Kangaroos kept the **Walkaways** crew company at Weeroona Cemetary Greenvale.



“Youth is the gift of nature but age is a work of art.”

Stanislaw Jerzy Lec
(Polish poet)



Next edition
October 2024



Milestone birthdays are to be celebrated. There are several U3A members celebrating 80 years young in 2024.

Congratulations to those who celebrated early in the year, to those celebrating now and to all who are yet to celebrate before we welcome in the new year.

Happy Birthday to Robyn Craig as she celebrates 80 years young.

The Committee of Hume U3A would like to thank Maria Vamvakinou MP and her staff for the printing of this newsletter.