



Gladstone Park Community Centre,
 13 South Circular Road,
 Gladstone Park, 3043
 Postal Address: PO Box 2057
 Gladstone Park Victoria 3043
Website: www.humeu3a.org.au
Email: secretary@humeu3a.org.au
Phone: 03 9330 3239

U3A Hume Course List for 2022

Name of Course	When	Where course is held
<p>Art Beginners Course Code: 22000020 <i>Held weekly on Tuesday during school term.</i> The Art Course is targeted at Beginners. You will learn basic drawing and water colour skills. You will also learn colour techniques shading and sketching. Tuesday weekly during school term from 10 am to 12 noon.</p>	<p>Tuesday 10.00am - 12.00noon</p>	<p>Green Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043</p>
<p>Astronomy Course Code: 22000030 <i>Held on the first Wednesday each month.</i> The Astronomy class will return to GPCC White room in 2021. Astronomy has always been a source of scientific inspiration and wonderment. Probably the most significant revolution in science was spurred by astronomy. Introducing yourself to astronomy allows you to begin to explore inter-related science topics such as relativity, gravity, light and matter, and quantum physics. But lets start with the basics. Let us first get to know and understand our solar</p>	<p>Wednesday 10.00am - 12.00noon</p>	<p>White Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043</p>

Name of Course	When	Where course is held
<p>system from the Sun to Neptune. Learn about the history of the discovery of our solar system and how it formed. We will also be looking at the night sky through binoculars and telescopes. Monthly on the first Wednesday of the month.</p>		
<p>Australian History Course Code: 22000040 <i>Held on the second Wednesday each month.</i> The course will be centred around Victorian history starting with the founding and settling of Port Phillip then the expansion of settlement into the new suburbs. We will look at some of the more colourful characters associated with Melbourne like Madame Brussells William Buckley John Wren etc. We will look at Marvellous Melbourne and the effects of the gold rushes on the city. We may undertake outside activities like historic walks around parts of Melbourne or visits to significant areas like Williamstown. Second Wednesday monthly.</p>	<p>Wednesday 10.00am - 11.30am</p>	<p>White Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043</p>
<p>Camera Club Course Code: 22000090 <i>Held on the fourth Wednesday each month.</i> The class has now progressed into the computer age but discussions and explanations of most camera facilities take place and can then be viewed on a laptop. There will be discussions on various issues that our students raise. On the Fourth Wednesday of the month.</p>	<p>Wednesday 10.00am - 12.00noon</p>	<p>White Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043</p>
<p>Carpet Bowls Course Code: 22000100 <i>Held weekly on Wednesday throughout the year.</i> This is played in the beautiful club rooms of the Bridgewater Retirement Estate and greatly enjoyed by members. Beginners are welcome. Weekly on Wednesdays.</p>	<p>Wednesday 9.30am - 11.30am</p>	<p>Bridgewater Lake Retirement 9 Wedgewood Rd Roxburgh Park 3064</p>

Name of Course	When	Where course is held
<p>Chair Aerobics Course Code: 22000110 <i>Held weekly on Thursday throughout the year.</i> Class has been moved back to Thursday (from 1st April 2021) starting at 1.15pm. Covid19 restrictions require no entrance before 1.00pm. Please meet in car park and remember to social distance. An exercise class for all abilities. Just come along and join in. Only do what you feel capable of. No pressure or stress.</p>	<p>Thursday 1.00pm - 1.45pm</p>	<p>Lynda Blundell Centre 185 Blair Street Dallas 3047</p>
<p>Computers - General Course Code: 22000130 <i>Held weekly on Monday during school term.</i> This course has been relocated to GPCC as a BRING YOUR OWN DEVICE class. Mondays 10.00am. Please contact Tutor for further information. Beginners to Intermediate skill level depending on your needs. The purpose of this class is to share skills and experiences among students, rather than a formal programme to learn about standard computer products. We cover Microsoft products such as Word Excel PowerPoint and Publisher. Use of the Internet is also reviewed. You can also bring your current issues or challenges in using your home computer to the class and hopefully another student can assist you in overcoming your issues.</p>	<p>Monday 10.00am - 12.00noon</p>	<p>White Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043</p>
<p>Computers Broad Based Course Code: 22000150 <i>Held weekly on Monday during school term.</i> This course has been relocated to GPCC as a BRING YOUR OWN DEVICE class. Please contact Tutor for more information. The idea of the course is for students to develop slightly more complex skills using Excel. You will need to have a basic understanding of excel although all aspects are covered during term 1. Special thanks and acknowledgement to Ben Caruana of Whittlesea</p>	<p>Monday 12.30am - 2.30pm</p>	<p>White Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043</p>

Name of Course	When	Where course is held
City U3A for permission to use his notes.		
<p>Cook-N-Dine Course Code: 22000160 <i>Held on the second Friday each month.</i> Test your abilities with cooking and share the results with others that enjoy the culinary arts. The people who come to Cook-N-Dine share the work of preparing the food cooking serving and cleaning up afterwards. Since everyone shares the duties it won't feel like home where perhaps you are left to do everything. There is plenty to eat and enjoy with your fellow gourmet critics. \$10 for the night. Please bring your own plates, cutlery, chopping board, knife and apron. Be willing to help in the preparation of the meals.</p>	Friday 6.00pm - 9.00pm	Lynda Blundell Centre 185 Blair Street Dallas 3047
<p>Creative Craft 1 Course Code: 22000170 <i>Held weekly on Thursday during school term.</i> This course covers all sorts of creative craft e.g. card making, paper tole, knitting, etc. Weekly on Thursdays during school term.</p>	Thursday 10.00am - 12.00noon	Yellow Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043
<p>Creative Craft 2 Course Code: 22000180 <i>Held weekly on Thursday during school term.</i> Any craft you can imagine is learnt at this class. There is card making all forms of cross stitch knitting, paper toll and crochet. Weekly on Thursdays during school term.</p>	Thursday 1.00pm - 3.00pm	Yellow Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043
<p>Decorative Art Course Code: 22000190 <i>Held weekly on Wednesday during school term.</i></p>	Wednesday 10.00am - 12.00noon	Green Room Gladstone Park Community Cntr

Name of Course	When	Where course is held
This is a course in decorative painting. Weekly on Wednesdays during school term.		13 South Circular Road Gladstone Park 3043
<p>Diamond Dot Painting Course Code: 22000200 <i>Held weekly on Monday during school term.</i> Diamond-Dot Painting is an awesome new DIY craft involving the completion of beautiful designs, based on the same concept as mosaics and paint-by-numbers. Diamond painting uses diamond faceted resin dots, which produce a stunning shimmery effect. The Diamond-Dot Painting technique is remarkably easy to master and gives crafters of all skill levels the opportunity to quickly advance to more challenging projects. This course will be run weekly.</p>	Monday 10.00am - 2.30pm	Green Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043
<p>Dining Out Course Code: 22000210 <i>Held on the fourth Friday each month.</i> Members visit local restaurants for a dining experience and for socialising. There is a different restaurant to visit each month. Dining in restaurants and venues as chosen. You pay for your own bill. Held on the fourth Friday of each month. BOOKINGS ESSENTIAL</p>	Friday 6.00pm - 9.30pm	
<p>Family History (Genealogy) Course Code: 22000220 <i>Held on the last Monday each month.</i> Start your family history research. Come along and find out about your ancestors. You will be doing the your own research with the guidance of our genealogy tutor. The Genealogy and family history programmes are available at the Hume Global Learning Centre Library. You will have free access to all the Victorian births deaths and marriages records on CD which you can</p>	Monday 9.00am - 12.00noon	Age Library HGLC Pascoe Vale Road Broadmeadows 3047

Name of Course	When	Where course is held
search through for your family members. The library also has access to the online genealogy systems 'Ancestry.com' and 'Find My Past' which are normally chargeable.		
<p>Floral Art Course Code: 22000235 <i>Held every two weeks during the school term.</i> This class will be run for one term, with each class two weeks apart. There will be a small charge for materials etc. depending on the topic for the week. Bulk purchases of flowers for the course could be made, which would be cheaper than members purchasing their own or they can pick from their gardens. Either way it will be a relaxed informal class, just for fun!</p>	Tuesday 12.30am - 2.30pm	Green Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043
<p>French Course Code: 22000230 <i>Held weekly on Friday during school term.</i> Activities include listening to dialogues on tape on various everyday themes from the 'Teach yourself French' textbook. Participants therefore acquire the language in order to survive in a French-speaking environment. Themes in the textbook are Greetings, Meeting people, Getting to know someone, On a boat trip, Visiting the Old Town, Where to park your car, Accommodation, At the Hotel, Choosing a Restaurant, Looking for a flat, At the shopping centre, Catching the Train, At the Hospital, and Catching the Metro. In every lesson participants have plenty of opportunity to practise spoken French. Discussions often revolve around linguistic differences between English and French. Some grammar points are explained but not in too much detail. Held weekly on Fridays during school term.</p>	Friday 10.00am - 12.00noon	White Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043
<p>Huff n Puff Course Code: 22000250 <i>Held weekly on Monday during school term.</i></p>	Monday 10.30am - 12.00noon	Yellow Room Gladstone Park Community Cntr

Name of Course	When	Where course is held
Gentle exercise with a cheerful group conducted at leisurely pace. Weekly on Mondays.		13 South Circular Road Gladstone Park 3043
<p>Jewellery Making Course Code: 22000270 <i>Held weekly on Wednesday during school term.</i> Learn how to make earrings necklaces and other Jewellery. Please contact the office for openings in this popular course. Weekly on Wednesdays during school term.</p>	Wednesday 1.00pm - 3.00pm	Green Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043
<p>Line Dancing - Beginners/Advanced Course Code: 22000290 <i>Held weekly on Friday throughout the year.</i> Join the line dancing group and strut your stuff. Beginners learn the basic steps in line dancing. Beginners can stay in for the Advanced class where more difficult dances are learned and enjoyed. Weekly on Fridays.</p>	Friday 2.00pm - 4.00pm	Lynda Blundell Centre 185 Blair Street Dallas 3047
<p>Mahjong Course Code: 22000310 <i>Held weekly on Thursday during school term.</i> Mahjong, Scrabble, Bridge and other social games. Mahjong has to have four people to play. Weekly on Thursdays during school term.</p>	Thursday 12.30am - 2.30pm	White Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043
<p>Patchwork Advanced Course Code: 22000330 <i>Held weekly on Thursday during school term.</i> This group consists of advanced to the very talented. Quilting is a very high</p>	Thursday 10.00am - 12.00noon	Green Room Gladstone Park Community Cntr 13 South

Name of Course	When	Where course is held
standard and some of the members efforts have been donated to charity. Weekly on Thursdays during school term.		Circular Road Gladstone Park 3043
<p>Patchwork for Beginners Course Code: 22000320 <i>Held weekly on Thursday during school term.</i> This group consists of beginners who will learn the basics of Quilting. Weekly on Thursday afternoons during school term.</p>	Thursday 12.30am - 2.30pm	Green Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043
<p>Tai Chi (Beginners & Advanced) Course Code: 22000340 <i>Held weekly on Monday during school term.</i> Tai Chi is an ancient Chinese defensive martial art and has beneficial effects on physical and mental well-being. Beginners from 12.30 Advanced from 1 pm. Weekly on Mondays during school term.</p>	Monday 12.30am - 2.00pm	Yellow Room Gladstone Park Community Cntr 13 South Circular Road Gladstone Park 3043
<p>Walkaways Course Code: 22000350 <i>Held weekly on Thursday throughout the year.</i> Walkaways is a meeting of members to take morning walks through the many parks around the north west of Melbourne. The Walkaways group uses bicycle and walking tracks with people walking at their own pace. The walk takes place at a different location each week. After the morning walk we chat over a cup of tea or coffee. Weekly on Thursdays.</p>	Thursday 9.30am - 11.00am	
<p>Yoga Course Code: 22000360 <i>Held weekly on Wednesday during school term.</i></p>	Wednesday 12.00noon - 1.00pm	Yellow Room Gladstone Park Community Cntr

Name of Course	When	Where course is held
Learning about Yoga for health through proper yoga breathing stretching and Balancing exercises. Learning to be awareness of own body and doing the exercises at own level. Finishing with meditation. Weekly on Wednesdays during school terms.		13 South Circular Road Gladstone Park 3043