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### **A word from the President.**

Dear Members,

#### **Re: Potential date for re-opening Hume U3A classes**

As indicated in our recent Newsletter, the Committee was working towards re-opening all classes on Monday 13<sup>th</sup> July 2020 provided State and Local Government rules allowed us to do so.

As planned the Committee met yesterday morning to consider all the responses from Tutors regarding this proposal. The Committee decided to postpone the re-opening date and review the matter again in September having regards to restrictions etc. in place at that time.

Now that the State Government has decided to lockdown 36 suburbs in surrounding areas for the next 4 weeks due to increased corona virus cases, this adds another reason to support the decision to delay this matter.

Until we return to classes again please stay positive, safe and take care.

Regards

***Geoff Mackay***

President  
Hume U3A

According to the Longman Dictionary of Contemporary English, Freedom of Choice is the right or [ability](#) to [choose](#) whatever you want to do or have. Covid 19 has removed that freedom from our lives for the better part of 2020. We are almost at the end of week one of a further 6 week lockdown. Lockdown has meant living a different kind of life and following a set of protocols to help us get through it. We have cooked, cleaned, read, played puzzles, started veggie gardens and many of us have Zoomed and Housepartied just to get some sense of physical contact. The joy we felt when we could finally speak to and visit others "face to face," even the recommended 1.5metres felt good. No, It was great!!!

As we settle into this current situation I have pondered what it has meant to me to be in lockdown, and apart from frustration and I must say some anger, above all it's my loss of freedom of choice.

*At the time of writing to members there appeared to be some light at the end of the tunnel. Now in the midst of the current 6 week lockdown we can only hope some restrictions can be lifted in August ....but will they be enough for us all to get going once more?*

**Editor**



We all need a reason to have a chuckle.....



None the less we will bunker down, follow the rules and look forward to a positive outcome in late August. Now off to make a mask or two. Two hundred years before coronavirus, the German writer Johann Wolfgang von Goethe had some poignant metaphorical advice to do your part in this pandemic, when he wrote, "**Let everyone sweep in front of his own door, and the whole world will be clean.**"

**Editor comment**

### ***Local Government Updates***

Updated information about local council services in Hume and Moreland during the crisis can be found at the links below.

**To access:** Right click the link and select Open Hyperlink

<https://www.moreland.vic.gov.au/about-us/news-and-publications/news/updates-on-our-services-during-covid-19/>

Visit [www.hume.vic.gov.au/coronavirus](http://www.hume.vic.gov.au/coronavirus) for the most current information on Council services and facilities.

### ***2020 Victorian Seniors Festival reimagined***

The Victorian Seniors Festival programs including radio and video programs have been extended until October 2020. Programs will feature music and entertainment, radio plays and a fantastic mix of spoken word...

*Go to:*

<https://www.seniorsonline.vic.gov.au/festivalsandawards>

Right click and select Open Hyperlink

### ***Complete a survey for COTA Victoria***

COTA Victoria recognises that, even as the COVID-19 restrictions ease, many older people will continue to face challenges as they re-engage with their communities. To help inform their future advocacy and support work, they are asking people to complete a brief, anonymous survey.

( right click link and then Select Open Hyperlink)

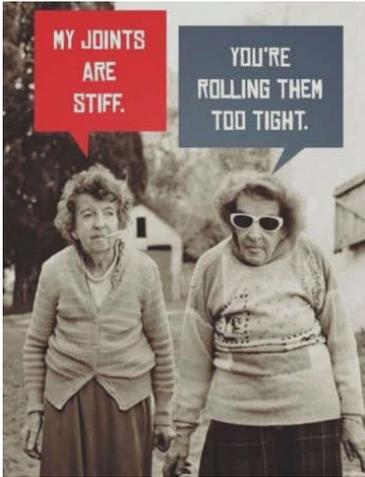
***Editor:*** *I just completed the survey. It gave me a chance to get some stuff off my chest.*

*Who knows what will happen with any of the data gathered?*

I was visiting my daughter last night when I asked if I could borrow a newspaper.

*"This is the 21st Century", she said. "We don't waste money on newspapers. Here, use my tablet."*

I can tell you this ... that fly never knew what hit it ...



Jokes should not be directed at particular racial or ethnic groups, so:

An Englishman, a Scotsman, an Irishman, a Welshman, a Ghurkha, a Latvian, a Turk, an Aussie, a Kiwi, a German, an American, a South African, a Cypriot, an Egyptian, a Japanese, a Mexican, a Spaniard, a Russian, a Pole, a Lithuanian, a Swede, a Finn, a Dane, a Romanian, a Bulgarian, a Serb, a Swiss, a Greek, a Singaporean, an Italian, a Norwegian, a Libyan, a Muslim, a Christian, a Hindu, a Buddhist and an Ethiopian went to a night club.

The bouncer said, "Sorry, I can't let you in without a Thai."

**Coronavirus slang: How funny buggers are 'Aussifying' The 'Rona**  
(Seen online from The New Daily)

Straya. Even in the midst of a global pandemic, Aussies can be relied upon to find the funny. From creating colloquialisms and sharing feel good yarns the average Aussies are staying true to their "she'll be right mate" attitude and finding a little bit of light in the dark.

Can you speak Strayan?.

Whether it's grabbing your sunnies, putting smashed avo on toast, sucking on a ciggie or throwin' back a cold one, articulating full sentences is really too much work.

The Coronavirus is sparking its own Aussie slang which includes:

- Sanny – Hand Sanitiser
- In Iso – Self isolation or lockdown
- The Rona – Needs no explanation
- Magpie- Supermarket hoarder based on this swooping birds keen interest in grabbing and hoarding shiny things. Toilet paper's not shiny but you get the drift

And to use them all in a sentence: Me boss tested posi for The Rona so now I'm in Iso. Popped down to Woolies for some sanny, but it's been Magpied."

And there's a whole story in the lyrics of songs that have been appropriated too.

- Think "My,my,my,my corona ( My Sharona)
- Co Vid 19 sung to the tune of Come on Eileen
- It was Covid 19 sung to Redgum's I was only 19



While you sing along to My, my my corona you can bust some dance moves too.



It has been suggested that if we can't keep a 1.5 metre distance we should wear masks.

Some ideas straight from our kitchen cupboards.

## **Hey, Bird Brain!**

**Science writer:** Jennifer Ackerman

**Book:** *The Bird Way: a new look at how birds talk, work, play, parent and think*

**Publisher:** Scribe Publications

*Calling someone a bird brain is an insulting suggestion about that person's intelligence. But new research shows that birds are quite intelligent, can learn, use tools, and adapt their behaviour to changing circumstances.*

*I listened to an interview on the ABC Saturday Extra program where science writer Jennifer Ackerman talked about new research into the abilities of birds, and how assumptions of old were being overturned. Some examples of interesting behaviour are listed next.*

*Sparrows learned how to open automatic doors. Hover close to the sensors at the top, and then fly in to gather the crumbs in the food hall. Sparrows that nest in urban environments will put used cigarette butts into their nests. They have learned that the nicotine kills parasites.*

*In 2018 a scientist was using a GPS tracker on western gulls in San Francisco. He found one gull was travelling at 60 miles per hour for a distance of 75 miles. It travelled over the Golden Gate bridge to Oakland, along interstate freeways and then returned by the same route to her nest. The researcher thought that the bird was trapped in a garbage truck. He was surprised to see the bird take the same route two days later. The gull had found a new way of solving an old problem. It had learned that hitching a ride on the garbage truck was a quick and effortless way of reaching food.*

*There is also a mention of Australian biologist Tim Low who, in his book Where Song Began, turned the world upside down when it comes to how we regard Australian birds. Some of the world's major bird groups including parrots, pigeons and passerines (songbirds) actually evolved in Australia and radiated outwards in successive waves of emigration.*

*The interview is worth listening to. It can be found at this link.*

<https://www.abc.net.au/radionational/programs/saturdayextra/bird-brain-and-other-fascinating-bird-facts/12421172>

Thanks to Peter Lazarus for the article



**Magpies** are birds of the Corvidae family. The black and white Eurasian Magpie is widely considered one of the most intelligent animals and one of only a few non-mammal species able to recognize itself in a mirror test.



**Congratulations Lidia Chapman as you celebrate a birthday milestone.**

**Make the most of this special occasion.**

**Best wishes from all at Hume U3A**

## ***Join Zoom .....It's easy***

Zoom is a way for people to communicate and chat via video and audio on your computer, iPad, tablet or smart phone.

When you have a Zoom meeting with your class or friends or family, you can all see and hear each other on the computer. You can turn the video and microphone on or off at any time during the meeting if you do not want to be seen or heard.

If you are watching a live U3A presentation or class, then you have the option to just watch and listen, as if you were part of the audience. Any videos or slides that the presenter uses will appear on your screen while the presenter is talking.

U3A Hume now have a license to use the Zoom facility for classes. Since we cannot meet up at our regular class locations due to COVID19, some classes could continue as virtual classes. A virtual class means that class members are connected together using computers. Participating in a class would require you to have web camera, microphone and speakers attached to your computer. A smart phone, tablet or iPad device has a screen, a microphone and video camera, and is a simpler option for participating in the virtual classroom.

Tutors, are you looking for something to do during our second six-week lockdown? Why not try to run your class via Zoom.

Your class doesn't have to run for two hours. You might decide to meet regularly just to discuss what everyone has been doing during the lockdown, and for class members to show the artistic creations they have made. There is U3A training available for you to learn about this online tool.

Class members, how about pestering your tutors to use Zoom and get your class running again?

U3A Hume is lagging behind other U3As. U3A Kyneton has nine online classes for example. U3A Deepdene has delivered around 80% of their Term 2 program using Zoom.

There is only one U3A Hume online class running; or one could say there is only one U3A Hume class that is currently running. It is the Astronomy class.

So try out a Zoom class now to see what it is like. Join the Astronomy class on 5 August to see what a virtual class is like. You can always drop out quietly if you find it boring. Send a request to join the class by email to Peter Lazarus [webmaster@humeu3a.org.au](mailto:webmaster@humeu3a.org.au), or call 0400 621 400. If there is enough interest, then a try-and-see Zoom session can be run for you in the next couple of weeks. *If school students are learning using the virtual classroom, there is nothing stopping us U3A people doing the same.!!!*

***Peter Lazarus***



If you have any queries please email Peter for further clarification and explanation  
**Editor:** You could also check out the website for further information about Zoom.

## Entertainment overload this month



### Movie Trivia

1. Who starred as Cleopatra and married co-star Richard Burton?
2. Who was The Graduate in the film of the same name?
3. Who won an Oscar as Professor Higgins in 'My Fair Lady'?
4. Which musical by Lionel Bart was based on a Dickens novel?
5. Which western actor won his only Oscar for 'True Grit'?
6. Which nanny did Julie Andrews win an Oscar for playing?
7. Which Gregory won an Oscar for 'To Kill a Mockingbird'?
8. How many Dalmatians starred in the 1961 Disney Film?
9. Which 1960 Hitchcock film has the most famous shower scene ever?
10. Which 1972 film, with Marlon Brando, was about the Mafia?
11. Who is Clark Kent better known as?
12. Which 1970s film about a giant ape was a remake of a 1933 movie?
13. Which disaster movie was about a fire in the world's tallest building?
14. Who starred with Paul Newman in 'The Sting'?
15. Which planet features in the title of a 1979 Bond movie?

### Which movies are these memorable lines from?

1. My mama always said life was like a box of chocolates
2. Nobody puts baby in a corner
3. You can't handle the truth
4. Alright, Mr. De Mille, I'm ready for my close-up
5. You talking to me
6. What we've got here is failure to communicate
7. I'll be back
8. Show me the money
9. I'll have what she's having
10. Frankly, my dear I don't give a damn

### Name the Song

**Given the first line, name the song.**

1. Buddy, you're a boy, make a big noise
2. Midnight, not a sound from the pavement
3. And now the end is near
4. All I want is a room somewhere
5. Every night I hope and pray
6. Nighttime sharpens, heightens each sensation
7. Perhaps I had a wicked childhood
8. Well I'm running down the road try'n to loosen my load
9. While shivering in my shoes
10. Oh, the barnyard is busy, in a regular tizzy

Extra points for this one: Number 10 will be harder, I think. Baz



# Cipher Quote

Each symbol represents one letter of the alphabet. Use the clues opposite to solve the puzzle. All letters in the solution are in capitals.



These symbols represent letters which look the same when held up to a mirror.

These symbols represent letters which are formed using only four strokes.

These symbols represent vowels.

Hint:  
This symbol represents the letter P



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## Attemptation

The quotation in the addition sum is from Shakespeare's play Julius Caesar. "Forever and forever, farewell Cassius! If we do meet again, why, we shall smile. If not, why then, this parting

In the addition sum different letters represent different digits. Rewrite the addition sum using the following

			D	E		
1	2	3	4	5	6	7

W A S  
 W E L L  
 -----  
 M A D E

9=6

	S	S	E	
W				E
F				T
T				H
	D	A	E	

Fill in the 9 blank spaces to make 6 words, 3 across and 3 down. More than one solution may be possible

Missing letters

A E H I L N R T U



## *Jupiter, again*

The planets Jupiter and Saturn are now appearing in the night sky. They are visible from about 6:30pm. Look towards the south east and you should be rewarded with a rather bright slightly yellow looking object, a bit too big to be a star. You are looking at Jupiter. A little bit further towards the horizon is another bright object, although somewhat dimmer than Jupiter. This is the planet Saturn. It looks like Saturn is following behind Jupiter. You can use binoculars to see Jupiter and you just might make out Jupiter's four moons.



## **RECIPES**

Intolerance to gluten is suffered by many in the community so this month we have a recipe for **Gluten Free Scones**. I have made them many times for my mum and who doesn't love a warm scone with jam and cream. These are really yummy.

### **Ingredients:**

1.5 cups gluten free Self Raising flour ( add Baking powder, as per directions if you only have Gluten Free Plain flour)

2 level tsp Xanthum gum ( optional if you use Self Raising Flour, however I always used it. Xanthum gum helps to take place of the gluten in binding ingredients together.)

½ cup (115gms) butter 2 eggs

120 -170 ml Milk

### **Method:**

Pre heat oven to 220deg C ( fan) or 230 Deg

Sift all dry ingredients into a large bowl and mix well

Whisk the eggs in a separate bowl and when whisked gradually stir in the milk, leave to one side.

Rub the butter into the dry ingredients, using fingertips to incorporate as much air as possible.

Make a well in the centre of the flour mixture and gradually add the egg and milk mixing to a soft dough with a spoon. Leave the last tablespoon of milk mixture to brush on scones.

Leave the mixture to rest for 5 minutes. The mix is rather wet and this standing time makes it easier to work with.

Dust your board and rolling pin with flour and roll out to just under 1inch (2.5cm) thick. Size is not critical. (I pressed the mixture with my hands as it was a bit sticky with the pin.)

Alternatively if the mix is too wet you can just scoop the mix with a scoop and bake accordingly. Taste is still the same.

Brush the tops with the milk mix

Bake towards the top of the oven for approximately 10 mins ( fan forced) or 12mins

When nicely brown on top , remove from oven and place on wire rack to cool. Enjoy warm with jam and cream.

Have you missed an important episode of your favourite series on ABC TV or SBS? Did you know you can watch all the broadcast programs at a different time, and up to four weeks after they were first broadcast?

If you have a 'smart tv', a tv that is connected to the Internet then you can use two TV Apps called SBS on Demand, and ABC iView to watch shows you have missed. Or perhaps you already know about these Apps, and you catch up on old episodes using your mobile phone or iPad or tablet. But on such a small screen, there could be details that you miss, and it is mighty hard to read the subtitles.

If your TV is not a 'smart TV' because it's somewhat old, watching previous broadcasts is not possible, and you would have to use your mobile phone or iPad or tablet. However, if your older TV has a HDMI port on the side, then you can watch ABC and SBS programs and movies on your TV. A device called Google Chromecast, \$59 at JB HiFi will fix the problem.



You will need to set up an account at no charge on both the ABC iView and SBS on Demand. Plug the Chromecast into the HDMI port on the TV. Next, you install a Google App on your phone, and follow the instructions to get it connected to your WiFi and to the Internet. Then, on your phone, you choose the show you want to watch. The Chromecast device then takes the streamed show and displays it on your TV. The show can be paused or fast forwarded, all controlled by your phone.

*Now you are set up to watch programs on demand you might like to watch:*

***Untold Australia*** a four part series on SBS

***Beautiful Kate*** a movie on I-View. Long-simmering anger comes bubbling to the surface once again when a man (Ben Mendelsohn) returns home to visit his dying father (Bryan Brown).

***South Solitary*** on I-View. An unmarried woman moves to a remote lighthouse with her uncle and a caretaker.

*Editor*

## **ANSWERS**

### ***Movie Trivia***

- |                      |                    |
|----------------------|--------------------|
| 1. Elizabeth Taylor  | 2. Dustin Hoffman  |
| 3. Rex Harrison      | 4. Oliver          |
| 5. John Wayne        | 6. Mary Poppins    |
| 7. Gregory Peck      | 8. 101             |
| 9. Psycho            | 10. The Godfather  |
| 11. Superman         | 12. King Kong      |
| 13. Towering Inferno | 14. Robert Redford |
| 15. Moon             |                    |

Thanks to Peter Lazarus for this information.

**You have me today,  
Tomorrow you'll have  
more;  
As your time passes,  
I'm not easy to store;  
I don't take up space,  
But I'm only in one  
place;  
I am what you saw,  
But not what you see.**

**What am I?**

The answer is on page 10

### Memorable Movies lines

1. Forrest Gump
2. Dirty Dancing
3. A few good men
4. Sunset Boulevard
5. Taxi Driver
6. Cool Hand Luke
7. The Terminator
8. Jerry Maguire
9. When Harry met Sally
10. Gone with the Wind

### Name the Song answers

1. We will rock you
2. Memory
3. My Way
4. Wouldn't it be lovely
5. Dream Lover
6. The Music of the night
7. Something good
8. Take it easy
9. I whistle a happy tune
10. Spring, Spring, Spring

### Cipher Quote

Think like a wise man but communicate in the language of the people.

### Attemptation

A	S	L	D	E	W	M
1	2	3	4	5	6	7

### 9=6 One possible result

	S	S	E	
W	H	A	L	E
F	R	U	I	T
T	E	N	T	H
	D	A	E	

### Answer to riddle: Memories



Our new Winter range.

Dressed to kill when we hit the streets.

Challenge you to send a picture for the August edition.

[jjbrodie5@bigpond.com](mailto:jjbrodie5@bigpond.com)

**Next edition:**  
**August 2020**

The Committee of Hume U3A would like to thank Peter Lazarus for printing the newsletter and the lucky person who drew the short straw to stuff envelopes