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U3A Hume Newsletter April 2018

A word from the President

On 20th March, your Committee along with a number of other interested members held a "Strategic Planning Workshop". The purpose of the workshop was to develop specific goals to assist the Committee in planning our future direction. Participants decided that the best approach would be to formulate a provisional plan and then invite comments from members unable to attend the workshop. Initially we discussed our overall values and agreed upon the following vision and mission statements to indicate who we serve and what we are aspiring to achieve overall.

Vision Statement

"Hume U3A aspires always to be a thriving, well resourced community whose members embrace lifelong learning and positive ageing by sharing knowledge and life skills within a culture of friendship, generosity, and inclusivity."

Mission Statement

- To provide opportunities for members to make creative and worthwhile use of their leisure time through learning and development activities and to provide such facilities as may be needed for that purpose.
- To extend such opportunities and facilities to all members for the sharing of their knowledge and the widening of their intellectual, physical and social lives.
- To encourage members to participate in available courses and to volunteer to the benefit of our community where possible.
- To improve the quality of life of our members through the provision of continuing education in an inclusive, welcoming and non-threatening environment, to the satisfaction of our members.

We also agreed to conduct a **SWOT** analysis approach (i.e. looking at our **strengths**, **weaknesses**, **opportunities and threats**) in the following Key Areas:-

Management administration, communications, and governance.

• *Courses* range, number, Tutors and Timetables.

Accommodation venues and equipment etc.

Membership numbers, demographics, skills etc.

• External relationships/networks.

Any comments on our proposed vision and mission statement or any other aspect of our Strategic Planning process would be most welcome and seriously considered. Email comments to secretary@humeu3a.org.au

Geoff Mackay

President Hume U3A

Bunnings Broadmeadows Community Family Day

Saturday 24th February 2018: U3A Hume attended the Bunnings Community Family Day due to great work by Norma Dugard. The purpose of the day was to invite community groups to advertise their activities. From U3A Hume's point of view it was a chance to show some of our activities and hopefully attract new members. Norma was assisted by Gloria Taylor, Joan Hargreaves, Choi Foong, Margaret Allen, Coral Dudley. Thanks to those who participated.

Dine-Out.....

When: Friday April 28th @ 6.00pm Where: Westmeadows Tavern

When: Friday May 25th @ 6.00pm Where: Coolaroo Hotel, Barrie Road



Reminder to call Anne to book your seat otherwise you may be disappointed. 93023206/0403307626 or email socialsec@humeu3a.org.au
Editor note: My first Dine Out. Noisy but nice. Enjoyed the experience.



That's Entertainment.....

Wizard of Oz: Payment required by April 28th. Show is on Wednesday June 27th. Tickets still available

School of Rock: A new Andrew Lloyd Webber show is coming to Melbourne's Her Majesty's Theatre. 26 tickets, for Wednesday December 5th at 1.00pm at a cost of \$69.00 each.



Cruise update. January 23rd 2019. Already 38 members and friends have booked. Come aboard with us for lots of fun.

Anne, Social Secretary

Upcoming Events...... Australian History

Wednesday May 9thAlan Atwood: "Burke and Wills and back again, the very blurry line between fact and fiction in books and journalism".

Born in Scotland, Alan came to Australia when he was four. Over a 40 year career in journalism he has written for publications such as The Sunday Times and Time magazine, covering events as diverse as the first free elections in South Africa to sporting events such as Olympic Games. Winner of a Walkley Award for Sports reporting in 1998 Alan has also written for The Age, published two novels, edited the Big Issue, over a 10 year period, and currently writes freelance as well as a column for the Sunday Age.

Wednesday June 13th Noel Churches: "The Greatest Escape of WW2" Neil's father was a leader in the escape of 120 POW's from the Germans aided by Slovenian partisans.



Members are invited to attend these sessions at 10.00am in the White Room at GPCC. Please confirm your attendance to Wendy at wendy.dalton@bigpond.com

A little history:

The University of the Third Age (U3A) is an international organisation, embodying the principles of life-long learning. The concept of U3A was developed in Toulouse in 1972, with the first British U3A established in 1982. First courses in Melbourne were offered at the beginning of 1985.

Each U3A is a learning community, organised by and for people who can best be described as being active in retirement - the so-called Third Age of their lives.

Music Group—aka THE STROLLING BONES.

After a slow start, the group gathered momentum and completed some pretty good work. Considering the limited number of instruments we have, the vocalists certainly stepped up and showed they could REALLY sing. We have managed to complete a song each week so far (fine tuning needed on a couple). We're short of musos, but BIG on enthusiasm and having fun.

Hopefully next term a decent player or two might join us on Monday 12-1pm in the White Room at GPCC.



The Walkaways group has already enjoyed a series of walks beside our beautiful Maribyrnong River this year. One of many along our local water ways. Each and everyone ably planned by Maureen and her willing apprentices. Stepping it out or walking at your own pace our mornings end with a cuppa, a chat and a good dose of laughter. Never forgetting the delights Betty brings each week.

Recently we enjoyed a BBQ lunch at Canning Reserve complete with birthday cake for Margaret and the inevitable play on words game to get the grey matter going. Perfect day, stunning river and good company.



A friend is like a book: you don't need to read all of them, just pick the best ones.





Those who laugh without cause have either found the true meaning of happiness or gone stark raving mad.....

Norm Papernick

A theme party is a great way to end Huff 'n' Puff's first term for the year. No prizes for guessing the theme. PINK!!!!! Anything and everything Pink. Ira put us through our paces before we sat down to chat and taste all the goodies on the table. Two weeks break and we will be ready to do it all over again. Thanks Ira for your fun approach to exercise and Barry for the great music compilations.







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Fun Fitness presents another U3A opportunity to "use it or lose it!"
Tuesday afternoons rock with some amazing music, an enthusiastic tutor & equally enthusiastic and talented group. A mix of fun and energetic exercises and dance moves to help maintain flexibility, strengthen muscles and improve co ordination.





The leaves are yellow, red and brown A shower sprinkles softly down The air is fragrant crisp and cool And once again I'm stuck in Huff'n'Puff

(Just joking. Add your own ending)

Knitters Wanted - RCH Needs Beanies for Premature Babies For the knitters among us. The link below has all the information required , including the patterns.



https://www.cazinc.com.au/home/2018/3/28/knitters-wanted-rch-needs-beanies-for-premature-babies

In answer to a member's query about our membership numbers, Fatima reported that as of March 2018 Hume U3A has 231 members including 16 Life Members.

VALE

Leonard Jackson

Sadly we have lost another "Life Member." Leonard, who was Hume U3A's first member, passed away on February 22nd 2018 at the age of 96. On his 90th birthday a group of U3A members joined the family celebration at which Pat Townsend presented Leonard with his life membership certificate and badge. Computers were his first love and he also attended Jim Bridge's (cartoon) class, enjoying the many robust discussions re the meaning of cartoons. For many years he also volunteered in the U3A office. It was a privilege to have known this beautiful, gentle and caring man who will be missed by us all.

To Lorraine and family we send our deepest condolences

The Committee of Hume U3A would like to thank Maria Vamvakinou MP and her staff for the printing of this bulletin